

### Tennis Summer Camp 2024

## **Sessions Attending**

| Session 1 | June 17- June 21,2924          |
|-----------|--------------------------------|
| Session 2 | June 24- June 28,2024          |
| Session 3 | July 1–July 5 (No Camp July 4) |
| Session 4 | Center Close for Citi open     |
| Session 5 | Center Close for Citi open     |
| Session 6 | Center Close for Citi open     |
| Session 7 | August 19- August 23           |
| Session 8 |                                |
| Session 9 |                                |

## **Enrollment Time**

| Morning 9AM-12PM: 5 to 10 years old   |
|---------------------------------------|
| Afternoon 1PM-4PM: 10 to 17 Years old |

## **Player Skill Level**

| Beginner | Intermediate       |
|----------|--------------------|
| Advanced | Competitive Player |

All Fees are based on a 1-week session.

Special offers: 4+ weeks – get 10% off when you sign up for 4 or more weeks of camp.





Register online. <u>https://rctennis.clubaut</u> <u>omation.com/</u>

# Camp Program Overview

- Class Formats: Workshops and Competitive Play
- Class Duration: 3 hours
- Categories: Age Range
  - 5 TO 10: 9am to 12PM
  - $\circ$   $\,$  10 TO 17: 1PM to 4PM  $\,$
- Location: Clay courts, 2<sup>nd</sup> Bank of clay courts (5 courts, 16 to 20)
- Class Content:
  - Agility Balance & Coordination
  - o Footwork
  - Tennis, footwork and Dance (a new fun class, 30 mins twice a week)
  - Endurance, strength and flexibility
  - Shot Technique and ball Control: Groundstrokes, Volleys, Serves
  - Court Positioning, Court Geometry, Strategy and shot selection
  - o Match Play
  - $\circ \quad \text{Stretching and cooldown} \\$
  - Post class Briefing
- Coaching Assistance will be provided on Every Court
- Maximum capacity per court 5-6 Students

# **Camp Program Fees**

- Class Formats: Workshops and Competitive Play
- Class Duration: 3 hours
- Categories: Age Range
  - 7 TO 10: 9am to 12PM/ \$ 375 PER WEEK
  - 10 TO 17: 1PM to 4PM/ \$ 375 PER WEEK
  - Drop-in Fee (1 day): \$90

- There will be no refund nor credit for missed classes
- Students who miss a class may attend another class at a later date if space is available



Chase LAMOND RIGGS BRIGHTWOOD Chi CHEVY CHASE Rock Creek Park Rock Tennis Center Creek Park QUEENS CHAI Indoor & outdoor. FORT TOTTEN PETWORTH ORTHWEST WASHINGTON Basilica of the National Shrine of the... St Albans Tennis Club BF PARK VIEW COLUMBIA WOODLEY PARK HEIGHTS EDGEWOOD ADAMS MORGAN (29) Tennis BRENT GW LE DROIT PARI FifthSet, Inc. ECKINGTON Union Market GEORGETOWN DUPONT CIRCLE Washington eorgetown /aterfront DOWNTOWN NOMA Park FOGGY BOTTOM H STREE US Marine CORRIDOI Corps War The White House Memorial United States Capitol International 🝙 CAPITOL HILL . Spy Museum

Rock Creek Park Tennis Center 5220 16<sup>th</sup> Street, NW Washington, DC 20011 202-722-5949 (OFFICE) 202-722-5198 (FAX) At the traffic circle, take the 1st exit onto 16th Street NW (Entering District of Columbia)

Continue straight to stay on 16th Street NW (stay in your right lane)

Turn right onto Marrow Drive NW and then first left into parking area

Rock Creek Tennis Center will be approximately 100 yards on the left

A large parking lot is available on the left.

### From Virginia - Interstate I-395

Head North on I-395 Take the exit on the left onto I-395 N (Entering District of Columbia) Continue onto US-1N (Signs for 14th Street / National Mall) Continue onto 14th Street NW At the traffic circle, continue straight to stay on 14th St NW Turn left onto Kennedy Street NW - continue straight – Kennedy becomes Marrow. Take the first left into parking area (you will see the tennis stadium court) Rock Creek Tennis Center will be approximately 100 yards on the left A large parking lot is available on the left.

### From Downtown Washington, DC

Take 16th Street all the way up to Kennedy Street NW Turn left onto Kennedy Street NW Take the first left into parking area (you will see the tennis stadium court) Rock Creek Tennis Center will be approximately 100 yards on the left A large parking lot is available on the left.

Rock Creek Park Tennis Center surrounds William H.G. Fitzgerald Tennis Stadium, home of the Citi Open, an ATP Tour Event. The facility has a total of 25 outdoor tennis courts: 15 hard courts and 10 clay courts. Five indoor courts are heated and available during the winter season

### DIRECTIONS:

### From Maryland - Interstate 495 Beltway

Take exit for I-495 W toward Silver Spring, Merge onto I-495

Take exit 30 to merge onto US-29 S/Colesville Rd/Columbia Pike toward Silver Spring, continue to follow Colesville Rd